

SWEEPS

Upstroke sweeps

3 1 | 6 3 | 8 6 | 10 8 | 13 10

↓ ↑ ↑ ↓ etc.

3 3 5 3 4 0 | 5 6 7 6 5 4 | 10 7 8 9 7 | 6 3 4 5 3

6 7 8 6 7 5 0 3 4 | 3 3 5 3 4 0 3 5 3 2

Downstroke sweeps

3 1 | 6 3 | 8 6 | 8 10 | 13 10

↓ ↓ ↑ ↓ etc.

6 7 8 6 8 6 7 8 | 5 3 5 3 5 3 4 0 | 7 6 5 8 | 7 8 7 10